



Recovery Coalition of Greater St. Louis

Meeting Minutes

April 9, 2024

Mission: To continually improve access to quality prevention, intervention, treatment and recovery support services and programs for the Greater St. Louis Region.

Meeting opened at 11:06

Jordan read mission

Jay opened in prayer

In attendance: Jordan Hampton, Jay Majors, Maggie Burke, Jay Majors, Marsha Hawkins-Hourd, Caitlin McCafferty, Alex Board, Brett, Gracie Ledezma, Nick Zykan, Freddy Mickel, Amber Peak, Maxwell Worthen, Quin Jones, Babara Beker, Jim Wallis, Jerome Bracely, Andy Thomas, Zhuoran Zhang, Kenneth McClamb, Lindsey Vondras, Lindsey Pawlowski, Nick, Tonya Hankins

Welcome, Introductions, New Members - Jordan Hampton, Chair

Jordan welcomed new members:

Freddy Mickel representing Recovery Capitol STL, focuses on sponsorship and recovery events, education, and RSH treatment scholarship. Lake of Dreams retreats for men and women. 670 people at Lake of Dreams event last year. Mission is to introduce family and friends to recovery events. 12-step outreach groups. A focus on introducing spirituality in recovery.

Minutes

Approval of March Minutes

Old Business:

- Membership dues are due for 2024 were due by April 1, 2024.
- Tablecloth for Community Events – Almost there, needed a high-resolution logo

Logo issues with resolution. Caitlin will provide an updated format if needed. Tonya will use the logo Jordan sent and submit a design to the company Kim Rodriguez recommended. **New Business:**

Membership:

Spotlight – ARCA Respite

Alex passed out a flyer. Alex facilitates the respite house. He came for Recovery House St. Louis. It is an acute care setting. Low barrier care. It fits into recovery housing in that it meets people where they are: want to be in recovery but have other barriers such as insurance or active use. Allows people to have a safe, supportive housing solution for the gaps between inpatient or recovery housing. Recovery housing sometimes requires a readiness that some lack, and respite house helps set the stage for recovery house readiness. It separates people from being in active addiction environments

Average length of stay is 10 days. They help make a transition plan when they leave. Over 90% have found placement in their transition plan once they leave. Engagement in treatment is high. Served over 200 people. When people experience recurrence of use, respite provides the support they need from return to use back into a program successfully. Helps people keep on track in their recovery journey. Only respite house that provides women's respite housing for 7 women.

Alex provided his contact information for intakes:

(314) 678-3205 or email aboard@arcamidwest.com

Question was asked about mental health services. Alex responded that the services require an SUD services or co-occurring diagnosis. Could be in a mental health crisis who has high risk for substance reuse.

Max spoke about the structured program - M-F breakfast and group, then IOP group, dinner, group, free-time. The goal of the program is to eliminate barriers such as food and transportation to allow time to focus on recovery program. They provide transportation to community appointments.

Amber stated that it is like inpatient without the confinement.

Jordan spoke about what happens when there is a return to use and how they can jeopardize everyone's health and well being and the sense of urgency that arises. Solution based to serve a great need in the recovery community.

ARCA respite operates on a community-need basis without the delay.

Located on Blair Ave. 7 male beds and 7 female beds.

Fully funded through DMH through 2025. Seeking funding to continue beyond.

New Business:

- MCRSP Interim ED has been named! – George Noorman

Jordan announced the new interim ED. No determined amount of time for his interim position. George has worked in the justice system and recovery support space. Retired

Marsha stated he has been in SATOP and DMH, and Access to Recovery, and the Coalition and face-based initiatives for many years. It will take 60-90 days to find a permanent ED for MCRSP. He wants to continue supporting MCRSP and its work to diversify funding.

- Constant Contact list(s)

Jordan spoke to acquiring an accurate contact list for email addresses and membership. RCGSTL is creating a separate list for "Friends of RCGSTL" list who the coalition can outreach. Jordan asked Coalition to send names and contact information for organization or people who work in the recovery field.

- Tonya Hankins – Introduction/capabilities of NEW RCGSTL website.

Tonya gave a preview of the website. If anyone has not received the Newsletter from RCGSTL last Thursday, Tonya directed those to the website and requested they sign up for the email list. Maggie shared that the website was on the Coalition's agenda for a year and is happy about the Coalition's progress. Jordan stated the contributions by many in the organization have helped our progress and are greatly appreciated.

- Need (2) volunteers for YANA on 4/20/24. Will join Marsha/Café

YANA is on 4/20/24, from 11-2. Good event with outreach opportunities. Kim stated its location at the Ferguson Empowerment Center. Kim will send a flyer to Tonya to add to the website. Great speaker. Bounce house for kids. Sugarfire truck. Please share with recovery houses to participate at the event. Quinn has volunteered to work the Coalition's table. The Cafe is also volunteering at the event.

Andy asked if they are still accepting vendors. Kim stated that there may be room. Andy stated that MCRSP would be able to set up a table at YANA.

Jenny asked about volunteers and was directed to email Kim.

- Sign-up sheet for agency spotlight
- Sign in sheet was passed around. Interested online participants
- MCRSP Chair updates – Marsha

Marsha stated that Ann McGruder resigned as ED and MCRSP has an interim ED, George. MCRSP Board is having a retreat to re-evaluate a restructuring to connect and unify better. Legislatively, MCRSP asked for \$10 million dollars. Not a lot of movement on that. RSS reimbursement rates have been reimbursed Rate in Equity request. Change of line item number was changed, and MCRSP is following up with questions why the language was changed.

1. Clean Slate, Pastor Charles testified for felony expungement for those in recovery. Felonies prevent people from being able to sign a lease and many other areas.
2. MCRSP Board meeting on Friday. They are launching a full search for Executive Director.
3. Check the MCRSP website for more information on the position.
4. Kansas City Coalition Conference coming up. CEUs are given to MCRSP members. An average of 7 units in CEUs
5. Marsha wants to look at planning Recovery Day for next year.
6. Marsha would like to see more RCGSTL community outreach and service days.
7. Jordan would like to see relationships built with Legislation around the year.
8. Value Based payments. IFB for new vendor for value-based payments. Get Help is a great organization but was not implementing programs that would work for those who are doing the work.
9. DMH added 4 new Recovery Community Centers. It is in the budget to add 3 more.
10. Question about a Peer Drop-in Center and the difference between drop-in centers and detoxification centers.
11. Maggie mentioned House Bill 1777 that would remove the shackles women who are in birth. The Bill would improve postpartum care and nutrition for pregnant mothers. Also would open access to SNAP benefits for those who have previously been incarcerated.

12. Lindsay shared progress in the legislative progress. It is a list serve that would give access to legislative efforts.
13. Jordan praised Marsha for her work in the community and with the Missouri Coalition of Recovery Support Providers leadership

New resource sharing:

Lobby Priorities This Year

10M from Opioid Settlement Funds – No news as of yet!

No new news to share

Treasurer Report:

Maggie Burke - \$3,806.74 (A couple more membership fees have been added to this since statement coming out)

Maggie gave treasurer's report. New membership fees have been received and they are deposited directly into the bank account.

Other Information:

- Jordan mentioned that RCGSTL have not received reimbursement from a speaker but will work on it.
- Recovery Fest committee volunteers needed.
- Quintell shared about her organization that provides education in schools about overdose awareness. She has a campaign K-6 curriculum and 7-12 high school campaign for students. She is doing really great work in the community. Reach out to her if you have leads, suggestions, or possible community partnerships.

Committee Reports:

INTERNAL GROUP:

We can use this formatting for breaking down MCRSP statewide goals into our own.

EXTERNAL GROUP:

Special Guest:

MCRSP, Andy Thomas, MCRSP Housing Director, Jesse Crum, DMH,

Various Trainings and Events-Many training opportunities on the FYI Fridays document.

Announcements:

- Marsha April 12 th deadline for receipts, hotel, travel, and conference reimbursement for RSS DMH contracted providers.

- Gracie shared resource for a North County QR code for contraception aid, STD treatment resources, and sex education, reproduction health care.

Closing Prayer – Jay Major

Next Meeting- May 14th, 2024

Jay closed in prayer

Adjourned at 12:40 pm

Meeting Minutes recorded by Tonya Hankins