

Recovery Coalition of Greater St. Louis Meeting Minutes February 13, 2024

Meeting began 11:11am

Read Mission: To continually improve access to quality prevention, intervention, treatment and recovery support services and programs for the Greater St. Louis Region.

Attendees: Jordan Hampton, Marsha Hourd, Kim Rodriguez, Maggie Burke, Tonya Hankins, Darcy Glidewell, Jemall Pruit, Elecia Worley, Jenny, Bret, Nick Z, Gracie L, Curtis

Online Attendance: Ann McGuder, Andy Thomas, and Lindsay Vondros, Brednda Schell

Prayer- Jordan Hampton

Attendee Introductions

Welcome, Introductions, New Members - Jordan Hampton, Chair

January meeting minutes were read. Tonya motioned to approve. Maggie second the motion. None opposed. January Meeting minutes were approved.

Old Business

- Secretary and Co-Chair Elections
- Membership Fees moving to \$150 in 2025.
- 2024 Membership fees are due by March 31st. Everyone can now pay online at the website at rcgst.org. Membership fees due March 31, 2024.

Membership:

- 2024 Membership Dues by March 31st
- New member introduction to services

New Member Introductions:

1. Darcy Glidewell gave a presentation for the Next Step. Money for scholarships given to men and women in recovery from SUD. Applications due on April 1st. No background checks. Felonies welcome. Must have a letter of recommendation from 12-step sponsor. Flyers available. Darcy's contact information is on the website.



March 4^{th (}MCRSP Conference) and 5th (Advocacy Day)
Registration available on the MCRSP website
Feedback given that the next day at the capitol was not as organized as it could be and not many
people knew where to go or who to visit when there.

Further discussion regarding the approach for this year's Advocacy Day. Attendees were not sure whom to meet with or which message to bring.

Ann has divided every region and their appropriate legislature to devise a game plan for visiting legislators. Capitol work should be ongoing throughout the year. By the time we get to the Capitol, our region's legislators should be familiar with us and our work.

Asking for \$10 million for Recovery Support Services.

Better strategy needed for our approach to the capitol. Discussion was led about a strategy to determine who we should try to set an appointment with in our region.

Elecia gave information regarding the general way setting up meetings with constituents works. Kim also shared insight into how this is done.

Ann suggested that developing a one pager for your work and organization is critical.

Marsha shared the MCRSP conference is set up. Participants will receive CEUs. Marsha shared the lineup for presenters for the conference. The next day is the advocacy day.

Jordan, Marsha, and Tonya are going to the capitol for the day and will be formulating a plan.

Ann shared: Legislation happened through relationships. Coalitions need to develop personal relationships with their reps and senators outside of the session.

Ann stated, "The key is groups of 3-4 make appointments, present your case in 15 seconds. Practice elevator speech. We're halfway through sessions. Two page document (that Ann) shared from a packet that was created. Share personal story, and share the mission of organization. When people go to the capital you don't want to derail progress that is being made. The best approach is to invite them, build relationships."

Ann's group has been working in the capital. Our region needs to get to know our reps and set up visits this summer.



Jordan will send a follow up email of information referred to by Ann. He will also send a group email to those attending the advocacy day and others who show an interest in collaborating for Advocacy Day. We will include Wash U participants for helping us set up the appointments that should be confirmed by the 5th of March.

Key funding hasn't changed since 2015.

One legislature who has a child in recovery. If you know of a legislature who has a loved one, that is a good relationship to build

- 2. Do we commit to having a booth/vendor table at various recovery events? (Youth/prevention events have been discussed as well)
 - a. If agreed upon, we need a tablecloth

Discussion was had about the importance of participating in community recovery events that can help get the word out about our coalition.

Tonya made a motion to approve the purchase of a Coalition table cloth and Kim seconded the motion. Motion anonymously passed

Kim Rodriguez announced the St. Louis Crush - You are Not Alone on April 20, 2024 has a Ferguson Community Center

May 11, 2024 in St. Peters, there's another community event. Email Kim events and she will have a sign up list.

Kim asked Coalition members if we want to start youth prevention

- 3. Tonya stated that the website will be a place for sharing information and asked participants who are present if they do not have the email address on file to leave it.
- 4. Get Help Contract ending May 31st, 2024

Value based payments and tools to gauge recovery capital. The question was how to quantify outcomes and benchmarks. Baseline at first, but progress has been made with collection of data and what data to collect. MCRSP has decided that Get Help will end the contract as of May 31, 2024. Seeking new collaborator

Many service providers have gone to value based payments. MCRSP didn't have a voice in the discussion.

State of Missouri was looking for a mechanism to reward excellence. DMH had one for \$437K but the infrastructure is challenging in terms of measuring outcomes. Very few utilized Get Help and



there has been discussion of benefit of strategic allignment that serve mutual clientele. The cost was a major barrier. Comparatively the platforms are similar. The delivery did not live up to its cost.

It's better to fail fast and move on. This is the case for Get Help. Key stakeholders from MCRSP and other state leaders were not involved in the decision making for choosing the platform.

Searching for news platform, but one has not been identified yet. The MCRSP board is discussing.

Current status: performance measures, metrics, etc. The board should be asking their providers for feedback on what providers might want to have.

Members can send recommendations to Ann about platforms that SAMSHA might approve

5. We gained another peer reviewer, reach out to Andy if that's something you're interested in! New training opportunities available. New trainer has joined Andy's team

Lobby Priorities This Year

1. 10M from Opioid Settlement Funds

Treasurer Report- Maggie Burke

Committee Reports -

INTERNAL GROUP:

We can use this formatting for breaking down MCRSP statewide goals into our own.

Jordan wants to align MCRSP goals with the RCGSTL goals. No need to reinvent the wheel.

EXTERNAL GROUP:

Special Guest:

MCRSP, Andy Thomas, MCRSP ED Ann McGruder

Various Trainings and Events-Many training opportunities on the FYI Fridays document.

Announcements-

- a. March 4th MCRSP Conference in Jefferson City Mariott
- b. March 5th MCRSP Advocacy Day

Jordan will give email updates



Marsha announced that HiSet prep classes will be offered at the Cafe. The more that are interested in prep classes, the more help they'll give. Hi-Set required for CPS. On Mondays and Wednesday 9-12

Prayer – Marsha

Next Meeting- March 12th, 2024

Meeting adjourned at 12:49

Meeting Minutes recorded by Tonya Hankins