



## Recovery Coalition of Greater St. Louis Meeting

September 10, 2024

**Mission: To continually improve access to quality prevention, intervention, treatment and recovery support services and programs for the Greater St. Louis Region.**

**Attendees:** Maggie Burke, Dawn Smith, Nick Maxwell, Jay Major, Todd Colley, Nick Taylor, Gracie, Maxwell, Chris Lane, Brent, Shawn Copeland, Eric Gentry, Jordan Hampton, Tonya Hankins

**Online Attendees:** Kathy Thomas, Kim Rodriguez, Freddy Merkle, Bishop Bracely, Elaine Holmes

- Meeting opened at 10:10 am
- Opening prayer by Jay Major
- Jordan read mission
- Approval of July meeting minutes with correction, as read

Kathy motioned to approve the minutes. Nick seconded. Meeting minutes approved.

### **Old Business**

- ED Search – visit was great last month. Brendon visited the RCGSTL coalition meeting in August and several service providers after the meeting on a site visits
- Brandon was hired for the Housing Assistant
- RSS Cap Increase - \$6,000 per consumer. Was previously \$2,000. The rate increased as well as the per participant allotment.

### **Membership and Introduction**

New members – There were no new members

### **New Business**

1. IOAD Success – The table looked great! Kim showed pictures
    - Powerful event to pay respect and honor loved ones who were lost
    - A memorial wall was presented
    - RCGSTL would like to have a table at their event next year
    - CRUSH wants to have a table but can not cover the \$30 cost. A question was raised about donating a vendor table.
  - Maggie recommended to have Scholarships for organizations that would struggle with the fee.
  - Kim made a motion and Freddy seconded the motion to allow for Scholarships next year for Recovery Fest. Motion was unanimously passed.
2. Recovery Fest Date: 9/14/24 @ Forest Park – 10-2pm. Located at Site 6 in Forest Park
    - a. Almost \$3k worth of Sponsorships – A total of \$5,000 with WashU's contributions
    - b. New Organizations becoming members – the coalition is growing. Many new memberships and a greater participation



## Recovery Coalition of Greater St. Louis Meeting

- c. T-Shirts for Recovery Fest are being made – Every RCGSTL member organization will receive two free t-shirts, the rest will be sold. The cost was \$11 per shirt. They will be sold for \$15

- d. Banner is being made

Dawn suggested that for the banner that RCGSTL creates to use for future events, that we get a banner that will allow for stick-on sponsorships that can be reused year after year

Rich Monague was recommended for the banner. Dawn will give Jordan the contact information for Rich. He can also help with brochures for RCGSTL

- e. Kids games - secured Agenda (finalized with a couple adjustments needed)
  - Tug-o-war
  - Cornhole
  - Pull the ducks
  - Kickball
  - Prizes for kids
- f. Agenda (being finalized)

Two members requested the agenda be sent out once it is completed

Kim requested someone to volunteer to run the RCGSTL table. Tonya volunteered to run the RCGSTL table

### Community Resources shared by Coalition Members:

- Affinia, a new provider, that offers assistance with mental health services
- Places for People has partnered with BJC for a program that will help with behavior health and medication services
- Nova is a primary care service facility that will help provided primary care services
- Mercy Go Health takes medicade now. Card with DCN number on it is required – located in former SLU hospital ER
- Win Warehouse full of cleaning supplies, tools, tables, for sale at deeply discounted prices. Granger donates a lot of merchandise. They have work boots. Have to create an account and present nonprofit letter. They are a nonprofit. Members must be nonprofits. They are located at Kingshighway and San Fransisco

### 3. Agency Spotlight – ARCA Housing

Nick Zykan introduced his team. ARCA houses 224 males and 79 females. Three tier program. Starts with the Intake House. 30 men; 15 women



## Recovery Coalition of Greater St. Louis Meeting

No determined amount of time for intake house. Nine managers in the home. Most are CPS. They support all pathways of recovery that are individually created and led. Peer coaching sessions are a primary services.

IOP every day from 1:30-3:00. Recovet House members also attend. In house therapist Monday – Friday

Seven men’s houses in their Outer House – 2<sup>nd</sup> tier housing. Recovery Community and camaraderie is an important part of the housing program. Two house mangers in each house

Third tier of the program is 3 apartment housing after one year of clean drops. 4-5 residents in each apartment. Less accountability. No curfew. One 10:00 meeting per week at the intake house.

Leadership meets regularly to provide highest level of care. Meetings each week. Peer meetings also. Healthy meal planning has been incorporated into the housing programs.

Housing liaisons for ARCA have business cards for anyone who wants one

#### 4. Agency Spotlight NEXT MONTH – Illume (Primary Health Care)

A question was brought up about pets in recovery housing. Many issues with attachment and/or not having a person in charge of caring for the pet, or of having housing becoming a “homeless shelter” once the person who brought the pet into the home. There are some therapeutic benefits. Ultimately, each organization makes its own determination.

#### 5. RCGSTL Board Re-Elections (Parliamentarian, Chair, Chaplain)

Parliamentarian position is open. Former Parliamentarian has resigned. Chair and Chaplain is up for re-election. More information will be provided after Recovery Fest

#### **NARR Housing proposals**

Basic temperature guideline

Refrigerator proposal for housing – One per six residents

Truth in advertising for agencies

Agencies with 4 or more houses will produce one reviewer to be a Housing Reviewer for MCRSP

### **Lobby Priorities This Year**

#### **1. Additional Recovery Support Funds (HB to TBD)**

Funding cap will be revisited at the end of the firsts quarter



## Recovery Coalition of Greater St. Louis Meeting

### **Treasurer Report-**

Jordan reported a current balance of \$4,293.11

### **Committee Reports**

Recovery Fest Committee – information shared previously in the meeting

Legislative/Advocacy Committee – No new updates to report

- The Opioid Simple List was mentioned. It is an email resource. If you want to be added to the list, email:

[Nico.ruiz@mimh.edu](mailto:Nico.ruiz@mimh.edu)

- Various Trainings and Events- Many training opportunities on the FYI Fridays document.
- 2024 Missouri Behavioral Health Conference – Branson, MO September 11-13<sup>th</sup>
- Regional (Region 7) Peer Summit – Kansas City Expo Center – October 24-25<sup>th</sup>
- DOC Re-Entry Conference- 4 Seasons, Lake of the Ozarks – November 6, 7, 8<sup>th</sup>
- MCRSP Conference (Popular Bluff) – December 7-8<sup>th</sup> – May be cancelled, but Jordan will verify and get back with the Coalition about the cancellation

### **Announcements-**

Recovery Capital – Lake of Dreams Recovery Retreats – flyer available at: [lakeofdreams.org](http://lakeofdreams.org)

Scholarships are available

**Closing Prayer** – Jay Major

**Next meeting** – October 8, 2024 @10:00am

Meeting Adjourned – 11:30 pm

Meeting minutes submitted by Tonya Hankins, RCGSTL Secretary